

KODENKAN YUDANSHAKAI

ATARASHI DENTO

NEW TRADITIONS

Paul Haber, Shihan, editor

September 2018

A Newsletter serving
Kodenken Yudanshakai in
Henry Seishiro Okazaki, and

Welcome to the newsletter
or associate of Kodenkan



Members and Associates of
the traditions of Professor
Dai- Shihan Joseph Holck.

dedicated to you, the member
Yudanshakai.

"The more you sweat in training, the less you bleed in combat"

Richard Marcinko, Author and Commander, U.S. Navy Seals, Seal Team 6

"Good judgement is the result of experience, and experience the result of bad judgement." **Mark Twain**

"Success is not final, failure is not fatal: it is the courage to continue that counts." **Winston Churchill**

What's New?

BOXERS REBELLION CELEBRATED 10TH ANNIVERSARY

July 17-21

By Marc Valdenegro

"A Proven Fighting Systems for Realistic Self-Defense." A school motto that has been bringing students through the Boxer Rebellion school doors for 10 years. To celebrate this milestone Boxer Rebellion's Sifu Paul LaPointe arranged a four- day event (July 17-21) that consisted of rank testing, clinics for weapons and fighting principles/techniques, and a closing banquet at the Lotus Garden restaurant.

Kicking off the anniversary was rank testing for the youth (ages 7-13) and adult (ages 13-62) programs. While the youth and adult programs tested separately, the format was the same. Beginning at the lowest belt/sash level, then progressing through the schools ranking curriculum, all students were directed to demonstrate the various techniques and drills solo or with various partners when required. A student's testing ended when Sifu Paul determined that a student could no longer perform the techniques and/or drills proficiently for a specific rank and asked to bow out and leave the testing area. Most students earned rank promotions and black belt students earned the privilege of being certified to teach specific curricula. Youth students also had the opportunity to participate in a grappling clinic instructed by Sensei Lisa Wootton.

Clinics continued for the remaining three days of the celebration. Instructors consisted of Shihan Paul Haber of Vancouver, Washington; Sifu Tony Puyot of Ramona, CA; and Boxer Rebellion's Sifu Paul LaPointe and Sifu Mel Kemp. The second clinic day was led by Sifu Mel instructing the youth in sword training using foam training swords, hand to hand combat drills from Sifu Tony and short stick training using rattan sticks for the adults by Sifu Mel. Day three clinics started with Shihan Paul teaching pressure points to escape from grabs to the youth students and then pressure point application in combat to the adult students. Sifu Paul introduced dynamic applications for basic chin na controlling techniques. Sifu Puyot ended the clinic day with teaching iron fist training and the importance of using the proper ointment to prevent injury and long-term damage to the hand. The final day of clinics began with Sifu Puyot instructing on how martial artists may create "power" (jing) by effectively employing any

of the 8 power drills of BaBu TangLang Ba Jing. This then led into teaching one the 8 Step Praying Mantis forms, BaBu TangLand Qi Shou (7 Hands form). Shihan Paul followed with knife combat training. The day ended with Sifu Paul teaching students techniques to throw and take down opponents.

The anniversary celebration closed out with a banquet at the Lotus Garden restaurant. A Lion Dancing Troupe from Sifu Rob Lopez's Hung Gar school performed traditional lion dance along with a variety of Hung Gar routines as the attendees waited for the meal to be served. During the meal, all in attendance had an opportunity to share a form or technique. Shihan Paul, Sifu Puyot, Shihan Dave, Shihan Truman, Sifu Paul, Sihing Brandon, students Joshua and Jeremy each shared forms.

A busy, yet rewarding week of celebrating for students and friends of Boxers Rebellion. Many thanks to Sifu Paul and all those that assisted in coordinating the 10-year anniversary. May the Boxers Rebellion have many more years teaching.

UPCOMING EVENTS

SENIOR TRAINING- September 7-9, 2018 check our e-mail for the flyer!!!

KDK PICNIC- TBD- waiting for details from the committee.

CANDIDATE TESTING- November 2/3/4- location and time to be determined by the instructor of the candidate

KYU TESTING- 11/18/18 at MATS

OPENING YOUR OWN DOJO

This month we begin a three-part series of articles submitted by Ken Fiore, O'Sensei, which were given to him by the late Vinson Holck, Dai-Shihan. Please keep in mind, that these articles present one opinion; do some research!

CHECKLIST: WHEN OPENING A NEW SCHOOL

1. Negotiate a lease with a reputable realtor who specializes in commercial Real Estate: Make the lease contingent on getting a business license and a fictitious name.
2. File your fictitious name.
3. Apply for your business license. Go down to the board of Equalization in your town. You can also call your local Chamber of Commerce, or city, to find out where to apply.
4. Call your electric company and telephone company. When calling your telephone company, ask how much for an additional phone line. You can use the extra phone line for local calls that your students can call, and you can use the line for faxing, etc.
5. Do a press release for your school. Write the unique things you will be offering at your school.
6. Make a Grand Opening flyer: Tiger Claw Management Consultants (TCMC) has great eye-catching flyers.
7. Call Tiger Claw at 1-800-821-5090 and ask how much the mats and bags will cost.
8. If you are not a member of TCMC, ask Tiger Claw to connect you with TCMC.

9. TCMC will give you the advice and tools to open your martial arts school with confidence and expertise.
10. Go down to your discount mirror store and purchase 2 mirrors to place in your school. (Hint, don't get full length mirrors. When a student backs up, they will bang their feet into the mirrors at the base and you will end up replacing the entire mirror). Hang your mirrors at least two feet from the ground.
11. You need a display case to hang your safety equipment. Tip: Go down to your local retail store. Ask the manager if there are any display items they will be throwing away. Example: Penny's department store throws away many after special ad displays.
12. Computer. Yes, you need a good computer to be able to run your business in a professional manner. Many schools have a PC and not Mac. The reason is that many engineers write programs for PC. Most software is written for PC, with Mac secondary.
13. You need a printer, copy machine and fax. Many products out there on the market do all three.
14. Chairs and tables are good for your school. The tables can be used for testing/ evaluation days and other events.
15. Cleaning supplies. Don't let your school smell. Use air fresheners to give your school a professional look, smell and feel.
16. Step-by-step guide of things you will do when recruiting your first student:
 - a. Class time and brochure
 - b. Release waiver before training (TCMC has the best forms)
 - c. Uniform (get 3 of each size from Tiger Claw)
 - d. Coupons so student can give out to friends
 - e. Presentation folder of program agreement (from TCMC)
 - f. Sign up program agreement (from TCMC)
 - g. Camera to take the student's pictures. You can then place them in the lobby on a congratulations poster.

FACT; Not many school owners hit six-digit income bracket while having a full time job.

WHY? Operating a martial arts school takes 100% energy mentally and physically.

WHAT DIGIT DO YOU WANT TO HIT?

Many times you see wasted space due to 1-3 offices, 2 dressing rooms and a private lesson area. This leaves only 500 square feet out of perhaps 2000. You should leave your school open. This will give the appearance of a large area, rather than a maze.

If you need office space, make sure you place mirrors in your office, if space is an issue. Plants are a plus. The green contrast from the plants helps give a warm atmosphere.

SOME TIPS:

Don't have our office in the back.

Don't have changing rooms ; students can change at home.

Most schools complain about noise: Have a 3- foot partition. Place safety glass on top of the partition (up to the top). This will keep out sound. It's worth the investment.

Make sure you have a place to hang your TV. You should have the TV facing our students, parents and the outside. Play tapes of TC media.

KANJI KORNER

By David Heacock, Shihan

漢字

This time around we are going to look at two topics: whether there is a Japanese equivalent to the Hawai'ian concept of Ohana, and the difference between the Okinawan and Japanese use of the term *kara* in Karate.

OHĀNA

Professor Okazaki spent most of his life immersed in the Hawai'ian culture, with its Polynesian tradition of extended family group-based mutual support. At the same time, his ancestral Japanese roots gave him a connection to both Shintō and Confucian ideals with their emphasis on multigenerational ties, extending even beyond the grave. One can easily see how the notion of 'Ohāna would come to be fundamental to the organizations perpetuating his teachings—both physical and moral.

The Hawai'ian word 'Ohāna means family, a notion that includes all relatives by blood, adoption, and intention. It is derived from the root word 'ohā the taro plant, the "staple of life." It is in the intentional sense that Prof. Okazaki's martial arts descendants are charged with holding and passing on the idea of a family, related to one another as well as to future students primarily in the spirit of his Esoteric Principles.

The closest Japanese equivalent is kazoku (家族 house, residence, family, lineage + tribe, clan, band) translated as: household, family members, folks. Seen in a larger context, there is daikazoku (大家族) extended family, large family.

As inheritors of the Kodenkan Yudanshakai of Prof. Joseph Hohlick and of the Esoteric Principles, we may consider ourselves 'Ohāna by being ichimon (一門 one + gate, branch of learning based on the teachings of a single master): that is, family, clan, kin; and even adherents, follower, disciples. To do so makes all members of the Kodenkan

Yudanshakai, as well as related organizations, ichizoku (一族) in the spirit of aloha.

IS IT KARATE OR KARATE?

唐手 China (Tang Dynasty) Hand

空手 Empty Hand

The origins of the people of the Ryukyu Islands is uncertain; their remains are known from as far back as about 32,000 years ago. The earliest inhabitants are thought to have come from or through China—possibly by land bridge during the era when ice age conditions meant much lower seas than present; later settlers included Austronesians, Micronesians, and ancient Japanese. The deep origins of modern *karate* come from indigenous fighting arts known simply as *Ti* (Japanese, *Te*); other influences came from India and China.

Once trade relationships between the early Ryukyu Dynasty of King Satto and the Ming Dynasty were formalized in 1372, Chinese citizens who moved to the islands to serve as government officials or to engage in business taught their martial arts forms to the upper classes. The major trading and imperial centers of Shuri, Tomari, and Naha were the most fertile grounds for the development of *Ti*. The policy of banning weapons among the general population (!) in 1477 and subsequent invasion by the Shimazu

clan of Satsuma Domain in 1609 stimulated the development of so-called unarmed combat methods. These especially involved native farming and fishing implements.

Examples include: the tonfa mill wheel handle, the nunchaku segmented grain threshing flail, the eku boat oar, the sai hand trident, originally a planting tool, the bō wooden walking staff, and the kama grain sickle. Though now usually taught as a separate art (kobudō), they were once part of overall martial expertise.

Japan formally annexed the Ryukyu Kingdom in 1872. While other teachers had preceded him, Gichin Funakoshi (founder of Shōtō Ryū, “pine wave system”) is credited with introducing and popularizing karate in Japan in the second decade of the 1900s. During the 1930s, a rise in Japanese militarism and attacks against Korea and China, led him to change the kara symbol from “China” to “empty” and replace the names of many kata with their Japanese equivalents. It has been variously said that he did so in order to avoid the misconception that karate was merely the product of Chinese boxing styles, or that by doing so he hoped to have karate accepted by the national budō organization Dai Nippon Butoku Kai.

空手 Empty Hand

唐手 China (Tang Dynasty) Hand

EDITOR'S EDGE

OHANA.

A word we use and hear quite often in KDK. In the article above, Shihan Heacock explains the Kanji for that word, and the several meanings, in Hawaiian and Japanese culture. But, what does it mean, to you and me exactly?

Certainly, we all know it means family. But who is family?

We have our *blood family*, our *extended family*, and let's not forget, our *KDK Family*. Any organization, such as ours, must have some sort of familial relationship, but- especially in the philosophy taught by Dai-Shihan Joseph Holck, it means a closeness, a cooperation, a working as a group toward a common goal- continuation of the Esoteric Principles.

OK, so what does that mean to us? How should we act toward our KDK “family”?

Well, let's see- how do you act toward your blood family?

Care, respect, affection (although sometimes that's a little hard, in any family), how about mutual support? Cooperation?

Sound about right, doesn't it?

"But wait a minute," you say. "I don't even like Sensei So-and So! I don't agree with the way he/she ties her shoes (or whatever)". What would your Mom say, if that were your brother or sister?

She would probably say, "It doesn't matter, family is family!" Right?

Friends, I submit to you that we should treat each other in KDK in exactly the same way.

What am I babbling on about? Well...do you support the KDK activities? You know, Kyu testing, Black Belt and Senior Clinics (like the one coming up in September)?

"Why do I need to go? They aren't teaching anything in my style?"

I have two answers for you Grasshopper-- first, OHANA! Second, in the words of Bruce Lee (who I believe stole it from Sun Tsu), "Empty your cup so you may taste my tea." In other words, open your mind to something new, different, fresh.

In the 10th Anniversary Celebration at Boxers Rebellion, I had the opportunity of learning new slants on old techniques, different ways of explaining, them, fresh ways of communicating them to students. I even learned some new stuff! Imagine! After 52 years!!! I really had a blast, learning from other people, other styles, other arts. If you missed it, I'm sorry.

Chinese Boxing folks- do you know that Chin-na and Kyushu jutsu are related? What's the difference? Come and see.

Matsunoryu practitioners- what can you learn about your art from someone who studied Gojuryu Karate? You wouldn't believe me if I told you. Come and find out.

So, let me ask you for a personal favor. Give it a shot, when Sensei So-and-so has an event- just SHOW UP! When Shihan Such-and-Such is teaching a seminar, just BE THERE, WORK OUT, HAVE FUN!

That, ladies, and gentlemen is the meaning and demonstration of OHANA!

See you next issue.